



#### CONFERENCE VENUE

##### **Otto von Guericke University of Magdeburg**

Founded in 1993 with nine Faculties, OVGU is one of the youngest universities in Germany, attracting an enrollment of more than 14,000 students from all over the world. A wide variety of academic training and research is conducted in fields such as medicine, exercise and sport science, engineering, information technology, natural science, economics, and the humanities.

##### **Magdeburg**

The second greenest city in Germany and the capital of Saxony-Anhalt, Magdeburg has more than 230,000 inhabitants. Magdeburg is a city full of history, sports, and culture with a thirst for knowledge: a city rich with tradition and history, yet oriented to the future. The eventful past and present of the „Ottostadt“ is reflected by famous sights such as the Cathedral „St. Mauritius and Katharina“, the „Elbauen- and Rotehornpark“, and the Museum of Fine Arts. Easily accessible, Magdeburg lies on a major transportation crossroad: Germany's capital city, Berlin, is only 90 minutes away.the capital of Germany.

#### KEY DATES

- 15th of January, 2015  
Opening abstract submission and registration
- 1st of April, 2015  
Deadline for abstract submission
- 1st of May, 2015  
Notification to authors
- 15th of May, 2015  
End of early registration
- 1st of June, 2015  
Deadline of registration for presenting authors

#### CONTACT

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AHA 2015

**ACTIVE HEALTHY AGING**  
**Sports Science and Neuroscience**  
**International Conference**  
2nd-5th September 2015



Universitätsplatz und Unipark

## FIRST ANNOUNCEMENT

### Dear colleagues, friends, and guests:

A unique international conference on „Active Healthy Aging“ will be held in September 2015 at Otto von Guericke University Magdeburg, Germany. This gathering will provide an ideal opportunity for scientists, clinicians, and practitioners to engage in discussions and exchange relevant to the topic „Active Healthy Aging“ from fields of sport science, medicine, neuroscience, psychology, nutrition, gerontology, and cognitive science. The Department of Sports Science and the German Center for Neurodegenerative Diseases Magdeburg would like to invite you to join us to find common solutions for the future.

### Why active healthy aging?

As the proportion of the world's elderly population continues to increase, an interdisciplinary discussion on „Active Healthy Aging“ is crucial to address the challenges and burdens placed on global health, economic, industrial, financial, and social systems created by age-related illnesses and problems.

### Conference topics include:

- „60 is the new 40“ and the meaning of active aging in the 21st Century
- Preserving cognitive functions
- Nutritional interventions to promote healthy aging
- The potentiating effects of physical and cognitive activity
- The valuable 50+ employee: optimizing wellness, health, and experience
- Prevention of age-related diseases
- Maintaining independence through assistive technology systems



AHA 2015

Products and services for the aging population will be demonstrated in the concurrent industrial exhibition.

The Otto von Guericke University Magdeburg, the German Center for Neurodegenerative Diseases Magdeburg, and the Magdeburg City Congress Office have planned this international conference to promote “Active Healthy Aging”. We look forward to welcoming you in September 2015 to this dynamic gathering.

### Best wishes

### CHAIR GROUP



OTTO VON GUERICKE  
UNIVERSITÄT  
MAGDEBURG  
FAKULTÄT FÜR  
HUMANWISSENSCHAFTEN

Prof. Dr. Anita Hökelmann / Prof. Dr. Kerstin Witte



Prof. Dr. Notger Müller / Prof. Dr. Thomas Wolbers

## SCIENTIFIC COMMITTEE

Jürgen Edelmann-Nusser, Germany  
Arunas Emeljanovas, Lithuania  
Michael Falkenstein, Germany  
Juris Grants, Latvia  
Karin Hint, UK  
Anita Hökelmann, Germany  
Grzegorz Juras, Poland  
Elke Knisel, Germany  
Jitka Koprivová, Czech Republic  
Antonello Lorenzini, Italy  
Maria Michalopoulou, Greece  
Marjeta Misigoj-Durakovic, Croatia  
Notger Müller, Germany

Marco Narici, UK  
Wislaw Osinsky, Poland  
Mati Paasuke, Estonia  
Sandra Pais, Portugal  
Rado Pišot, Slovenia  
Karen Roemer, USA  
Francisco Saavedra, Portugal  
Goran Sporis, Croatia  
Claudia Voelcker-Rehage, Germany  
Kerstin Witte, Germany  
Thomas Wolbers, Germany  
Martin Zvonar, Czech Republic

### Keynotes

Michael Falkenstein, GER  
Head of the research group „Aging, Cognition and Work“  
Leibniz Research Centre for Working Environment and Human Factors,  
University of Dortmund

Martin Lövdén, SWE

Aging Research Center, Department of Neurobiology,  
Care Sciences and Society, Karolinska Institute, Stockholm

Marco Narici, UK

President of European College of Sport Science,  
School of Graduate Entry Medicine and Health, University of Nottingham

Sandra Pais, POR

Coordinator of the Center for Research and Development in Health,  
University of Algarve

Rado Pišot, SLO

Institute of Kinesiology Research, University of Primorska

Claudia Voelcker-Rehage, GER

Associate Dean of the Jacobs Center on Lifelong Learning  
and Institutional Development, Jacobs University Bremen